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pioneervein.com

Name _____
DOB _____

PHLEBECTOMY

PRE-PROCEDURE INSTRUCTIONS

- Fill all procedure-related prescriptions PRIOR to your surgery. (For example: compression stockings)
- No compression wraps/hose 48 hours prior to procedure
- Bring your insurance card and photo identification with you
- Bring a copy of your healthcare power of attorney/Advance Directive/Living Will with you
- You are NOT required to schedule a pre-op visit with your family physician prior to your cardiac procedure

For Sedation Patients:

- Alcohol should NOT be consumed for 24 hours prior to and after your procedure
- Assign a trusted person to drive you home after you are cleared to be released

The Morning of Your Procedure:

- Do not eat for 5 hours prior to your procedure
- Shower with antibacterial soap
- Wear comfortable, loose clothing
- You can wear contact lenses, if you prefer
- Check to make sure you have brought compression stocking with you
- If you would like to listen to music, you may bring a personal device with headphones
- Notify the office first thing, should you develop a cold or other symptoms prior to surgery

Medications:

Bring ALL your medications with you in the original containers (including inhalers, eye drops and Insulin) UNLESS YOUR PHYSICIAN HAS ADVISED YOU OTHERWISE...

- Take any of your regular medication as directed
- If you are on a blood thinner, ask your physician if it needs to be discontinued
- Hold water pills the morning of procedure
- Hold oral diabetic medications the morning of the procedure
- Decrease long acting insulin dose by one third the night before
- Hold insulin dose the morning of the procedure
- Bring your CPAP machine including the mask and tubing

Notes and Additional Orders:
