



2800 N 83rd St, Ste E
Lincoln, NE 68507
(402) 413-6363
pioneervein.com

Name _____
DOB _____

SCLEROTHERAPY

PRE-PROCEDURE INSTRUCTIONS

- No compression wraps/hose 48 hours prior to procedure
- Bring your insurance card and photo identification with you
- Bring a copy of your healthcare power of attorney/Advance Directive/Living Will with you
- You are NOT required to schedule a pre-op visit with your family physician prior to your cardiac procedure

Pre-Procedure Instructions

- Fill all procedure-related prescriptions PRIOR to your surgery such as Compression stockings and bring them with you
- Do not shave or use lotion on your legs the day of the procedure
- Discontinue use of artificial tanner at least one week prior to the procedure
- We recommend that you avoid iron supplements around the time of your procedure

For Sedation Patients:

- Sedation is generally not administered, however if sedation is planned then:
 - o Alcohol should NOT be consumed for 24 hours prior to and after your procedure
 - o Assign a trusted person to drive you home after you are cleared to be released

The Morning of Your Procedure:

- If you are receiving sedation do not eat for 5 hours prior to your procedure
- Shower with antibacterial soap

- Wear comfortable, loose clothing
- You can wear contact lenses, if you prefer
- Check to make sure you have brought compression stocking with you
- If you would like to listen to music, you may bring a personal device with headphones
- Notify the office first thing, should you develop a cold or other symptom prior to surgery

Medications:

Bring ALL your medications with you in the original containers (including inhalers, eye drops and Insulin) UNLESS YOUR PHYSICIAN HAS ADVISED YOU OTHERWISE...

- Take any of your regular medication as directed
- Continue Coumadin, Aspirin, Plavix, Xarelto, Eliquis and other blood thinners as normal
- Hold water pills the morning of procedure
- Hold oral diabetic medications the morning of the procedure
- Decrease long acting insulin dose by one third the night before
- Hold insulin dose the morning of the procedure
- Bring your CPAP machine including the mask and tubing

Notes and Additional Orders:
